

## Child Care Health Consultation Lesson Plan

**Contractor Name:** Standard Lesson Plan

**Date Submitted:** January 2, 2015

☐ **Children's Health Promotion**

Adult Training on Content Area V: Health and Safety	Health and Safety Standards	Training Levels
<b>Select one standard and one level</b>	<input checked="" type="checkbox"/> Promoting Risk Management Practices	<input type="checkbox"/> 1 <input checked="" type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
	<input type="checkbox"/> Protecting Children and Youth	<b>Source:</b> Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011
	<input type="checkbox"/> Promoting Physical Health	
	<input type="checkbox"/> Promoting Mental Health	
	<input type="checkbox"/> Promoting Healthy Eating	

**Title:** Suicide Prevention Awareness

**Training Goal:** Child Care Providers will become familiar with the prevalence of suicide in their community and recognize warning signs that someone may be at risk

**Learning Objective(s):** Participants will


Recognize the warning signs of suicide  
 Identify risk factors for suicide  
 Define common terms: suicide, attempt, and survivor  
 Identify community resources for referral

Topical Outline of Content	Training Method(s)	Time (in minutes)
Introduction		
Definitions <ul style="list-style-type: none"> <li>Suicide</li> <li>Attempt</li> <li>Survivor</li> </ul>	Lecture & discussion	15 min
Statistics/rates for suicide (county/state available at <a href="http://health.mo.gov/data/CommunityDataProfiles/index.html">http://health.mo.gov/data/CommunityDataProfiles/index.html</a> )	Lecture & discussion	10 min
Risk factors and warning signs	Lecture & discussion	15 min
How to intervene if you suspect someone may attempt suicide: Q-Question P-Persuade R-Refer	Discussion/handouts	15 min
Mental Health services available in community	Referral resources for mental health professionals	5 min

**Method(s) of Outcome Evaluation:** responses to discussion / Q & A

**FOR MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES USE ONLY**

**APPROVED FOR 1.5 CLOCK HOURS**

<b>Date Approved:</b> January 2, 2015	<b>Authorized Approval Signature:</b> 	<b>Date Expires:</b> January 2018
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